

Alita Marie Mobley

alitamobley@gmail.com

EDUCATION

M.A. Clinical Psychology	Aug 2017- Dec 2020
University of Arkansas – Fayetteville	
J. William Fulbright College of Arts and Sciences	
Master's Thesis: <i>Effects of Alcohol Intoxication on Hostile Attribution Bias and Relational Aggression in Women</i>	
Mentor: Lindsay Ham, Ph.D.	
B.A. Psychology with Honors	Aug 2012 - Dec 2015
University of Arkansas – Fayetteville	
J. William Fulbright College of Arts and Sciences	
Honor's thesis: <i>Roles of Coping Skills and Negative Feedback on Drinking Behavior</i>	
Mentor: Lindsay Ham, Ph.D.	
GPA: 3.737	

GRANTS & FELLOWSHIPS

Doctoral Scholars Fellowship	\$60,000	2017-2020
Southern Regional Education Board		
Doctoral Academy Fellowship	\$48,000	2017-2021
University of Arkansas		
Student Undergraduate Research Fellowship Grant	\$4,000	2015
Department of Higher Education		
<i>Coping Skills as a Moderator of the Effects of Negative Feedback on Drinking Behavior</i>		
University of Arkansas Honors College Travel Grant	\$800	2015

AWARDS & SCHOLARSHIPS

Marie Howells Student Travel Award	\$1,100	2017
University of Arkansas		
E.D. and Peggy Yancey Scholarship	\$500	2015
University of Arkansas Department of Psychological Science		
Guerdon Nichols Scholarship	\$1,000	2015
J. William Fulbright College of Arts and Sciences		
Association for Psychological Science Student Research Award	\$50	2015
Honorable Mention		
Arkansas Challenge Scholarship	\$22,000	2012-2015
University of Arkansas Freshman Award	\$1,000	2012-2013

PUBLICATIONS

- Bridges, A. J., **Mobley, A. M.**, Augur, I. F., Marcantonio, T. L., Wiersma-Mosley, J. D., Jozkowski, K. N., Ham, L. S. (2020) Alcohol's Effects on Bystander Intervention Strategies to Prevent Sexual Assault. *Violence and Victims*.
- Melkonian, A. J., Ham, L. S., Wiersma-Mosley, J. D., Jackson, K. K., **Mobley, A. M.**, Jozkowski, K. N., Willis, M., & Bridges, A. J. (2020). Alcohol intoxication impairs the bystander intervention process in a hypothetical sexual assault: A field investigation. *Psychology of Violence*.
<https://doi.org/10.1037/vio0000283.supp>
- Aloi, J., Blair, K. S., Meffert, H., White, S. F., Hwang, S., Tyler, P. M., Crum, K. I., Thornton, L. C., **Mobley, A.**, Killanin, A. D., Filbey, F. M., Pope, K., & Blair, R. J. R. (2020). Alcohol use disorder and cannabis use disorder symptomatology in adolescents is associated with dysfunction in neural processing of future events. *Addiction Biology*.
- Aloi, J., Blair, K. S., Crum, K. I., Meffert, H., White, S. F., Tyler, P. M., Thornton, L. C., Killanin, A. D., **Mobley, A. M.**, Adams, K. O., Filbey, F. M., Pope, K., & Blair, R. J. R. (2018). Adolescents show differential dysfunctions related to Alcohol and Cannabis Use Disorder severity in emotion and executive attention neuro-circuitries. *NeuroImage: Clinical*, 19, 782-792.
<https://doi.org/10.1016/j.nicl.2018.06.005>
- White, S. F., Costanzo, M. E., Thornton, L. C., **Mobley, A. M.**, Blair, J. R., & Roy, M. J. (2018). Increased cognitive control and reduced emotional interference is associated with reduced PTSD symptom severity in a trauma-exposed sample: A preliminary longitudinal study. *Psychiatry Research: Neuroimaging*, 278, 7–12. <https://doi.org/10.1016/j.psychresns.2018.06.006>

MANUSCRIPTS IN PREPARATION

- Melkonian, A. J., Ham, L. S., & **Mobley, A. M.**, (2020) *Gender moderates the association between acute alcohol intoxication and facial emotion recognition in a naturalistic field study setting*.
- Mobley, A. M.**, Ham, L. S., Eidelman, S., & Melkonian, A. J., (in preparation). *Effects of Self Awareness and Negative Feedback on Drinking Behavior*.
- Mobley, A. M.**, Ham, L. S., & Melkonian, A. J., (in preparation). *Effects of Alcohol Intoxication on Hostile Attribution Bias and Relational Aggression in Women*.
- Blair, K.S., Leshin, J., Geraci, M., **Mobley, A.**, Blair, R.J.R., Ernst, M., Pine, D., & Grillon, C. (in preparation). *Increased amygdala activity to approaching social threats, and decreased amygdala activity to receding social threat in social anxiety disorder*.

ORAL PRESENTATION

- Mobley, A. M.**, Tougaw, A., Ham, L., Fugitt, J., Eidelman, S., (April 2015). *The Roles of Coping Skills and Negative Feedback in Drinking Behavior*. Talk presented at an annual meeting of the Arkansas Symposium for Psychological Students, Conway, AR.

POSTER PRESENTATIONS

Mobley, A. M., Ham, L. S., Melkonian, A. J., Schultz, K., & Sawyer, H. (February, 2021). *Effects of Alcohol Intoxication on Relational Aggression in Women*. Poster submitted for virtual presentation at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.

Marcantonio, T. L., Bridges A. J., Augur, I., **Mobley, A.,** Jozkowski, K.N., Wiersma-Mosley, J. D., & Ham, L.S. (June 2020). The role of alcohol intoxication in influencing young adults' bystander behaviors. Poster accepted for presentation at the annual meeting of the Research Society on Alcoholism, New Orleans, LA.

Mobley, A. M., Ham, L. S., Melkonian, A. J., & Molina, E., (February 2019). *Alcohol intoxication impairs the bystander risk detection in a hypothetical sexual assault: A field investigation*. Poster presented at the annual meeting of The World Congress of Behavioral and Cognitive Therapies, Berlin, Germany.

Melkonian, A. J., Ham, L.S., & **Mobley, A.M.** (June 2019) *Alcohol impairs facial emotion recognition: Effects of intoxication on social information processing is moderated by gender in a field study*. Poster presented at the 42nd annual meeting of the Research Society on Alcoholism, Minneapolis, MN.

Mobley, A. M., Melkonian, A. J., Ham, L. S., & Jackson, K., (December 2018). *Alcohol-related sexual assault: Bystander's Gender and Alcohol Intoxication on Perceived Responsibility to Intervene*. Poster presented at the bi-annual Psychological Science Research Night of University of Arkansas' PSI CHI and APA Division 45, Fayetteville, AR.

Mobley, A. M., Melkonian, A. J., Ham, L. S., & Jackson, K., (November 2018). *Alcohol-related sexual assault: Bystander's Gender and Alcohol Intoxication on Perceived Responsibility to Intervene*. Poster submitted at the annual meeting of The Association for Behavioral and Cognitive Therapies, Washington, DC.

Mobley, A. M., Ham, L.S., Melkonian, A.J., & Tougaw, A.D. (November, 2017). The Roles of Gender, Coping Skills, and Negative Feedback in Drinking Behavior. Poster presented at the annual meeting of The Association for Behavioral and Cognitive Therapies, San Diego, CA.

Wolkowicz, N. R., Ham, L S., Zamboanga, B. L., **Mobley, A.,** Scallion, B., & Upshaw, J. (November, 2017). *What You Think and Where You Drink: Context, Alcohol Outcome Expectancies, Valuations, and Drinking Behavior*. Poster to be presented at the Association for Behavioral and Cognitive Therapies annual meeting, San Diego, CA.

Mobley, A. M., White, S. F., Blair, J. R., Blair, K., (November, 2016). *Prediction Error Representation in Individuals with Generalized Anxiety Disorder During Passive Avoidance*. Poster presented at the American Physician Scientist Association Midwest Regional Meeting, Omaha, NE.

Aloi, J., Meffert, H., White, S.F., Tyler, P., Erway, A., Kolli, V., Thornton, L., Penner, E., Killanin, A., **Mobley, A.,** Botkin, M., Pope, K., Blair, R.J. (2016, October). *Differential Patterns of Dysfunctional Punishment Processing in Adolescents with Substance Use Disorders and Disruptive Behavior Disorders*. Poster to be presented at the American Academy of Child and Adolescent Psychiatry Annual Meeting. New York, NY.

Mobley, A. M., Tougaw, A., Ham, L., Fugitt, J., Eidelman, S., (November, 2015). *The roles of coping skills and negative feedback in drinking behavior*. Poster presented at the annual meeting of The Association for Behavioral and Cognitive Therapies, Chicago, IL.

Melkonian, A. J., Ham, L. S., Molinaro, J. J., **Mobley, A. M.**, Warner, E., (November, 2015). *Alcohol and social information processing: A naturalistic field study of intoxication effects facial emotion identification*. Poster presented at the annual meeting of The Association for Behavioral and Cognitive Therapies, Chicago, IL.

Mobley, A. M., White, S. F., Meffert, H., Blair, R.J.R., (August, 2015). *Neural representation of computational processing during choice in a passive avoidance task*. Poster presented at the National Institutes of Health Summer Research Poster Day, Bethesda, MD.

Warner, E., **Mobley, A. M.**, Melkonian, A., Ham, L., (May, 2015). *The role of interpersonal religious commitment as a moderator in the relations between perceived discrimination and anxiety symptoms*. Poster presented at an annual meeting of Association for Psychological Science, New York, NY.

Mobley, A. M., Webb, D., & Veilleux, J. C., (May, 2015). *The role of rumination, behavioral avoidance and hedonic deficit in the relationship between emotion reactivity and depression for people with a history of self-injury*. Poster presented at an annual meeting of Association for Psychological Science, New York, NY. **Awarded the Association for Psychological Science Student Research Award Honorable Mention.**

Warner, E., **Mobley, A. M.**, Melkonian, A., & Ham, L., (February, 2015). *Facets of Psychological Well-Being Mediate the Relationship between Maternal Connection and Hazardous Alcohol Use*. Poster accepted to present at an annual Guzé Symposium on Alcohol, St. Louis, MO.

Mobley, A. M., Bhagat, C., Skinner, K. D., & Veilleux, J. C. (November, 2014). *Drinker status moderates the effect of beliefs about emotion on the relationship between access to emotion regulation strategies and alcohol dependence*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Reynolds, K. E., **Mobley, A. M.**, Warner, E., Fugitt, J., & Ham, L. (September, 2014). *Exploring shame and guilt in the context of alcohol abuse*. Poster presented at the Arkansas Psychological Association, Little Rock, AR. **Awarded First Place Outstanding Undergraduate Poster Award.**

Invited Addresses

Casner, H. G. & **Mobley, A. M.** (April, 2020). *Telehealth Clinical Skills and Pitfalls*. Invited address presented to Veteran Health Care System of the Ozarks Trauma Recovery Program.

Mobley, A. M. & Campbell, B. (October, 2019). *Opioid Use Disorder*. Invited address presented to University of Arkansas Fraternity Freshman.

RESEARCH EXPERIENCE

University of Arkansas

Laboratory for Anxiety and Substance Abuse Research
Graduate Research Assistant

Aug 2017 – Present
Director: Lindsay Ham, Ph.D.

- Research projects focused on alcohol intoxication, social aggression, and sexual assault bystander intervention in college populations
- Master's thesis investigates the effects of alcohol intoxication on willingness to engage in relational aggression using laboratory-based alcohol administration

Boys Town National Research Hospital

Center for Neurobehavioral Research
Research Assistant

Jan 2016 – Aug 2017
Director: James Blair, Ph.D.

- Served on a research team that conducts translational neuroscience utilizing fMRI technology within the context of the Omaha community and the Boys Town continuum of care (e.g., family home program, residential treatment center)
- Individual research project focused on neuropsychological assessment of deficits in emotion recognition and expressional attention
- Conducted fMRI and behavioral data collection and analysis

National Institute of Mental Health

Section on Affective Cognitive Neuroscience
Paid Summer Research Intern

May 2015 – Aug 2015
Director: James Blair, Ph.D.

- Research projects focused on understanding the neuro-cognitive systems mediating affect, with particular interest in individuals with conduct disorder
- Individual project investigated the effectiveness of data driven learning rates in the neural representation of computational processing during choice in a passive avoidance task
- Analyzed behavioral and fMRI data
- Completed the NIH Writing and Publishing a Scientific Manuscript Workshop, Excel Workshop, and fMRI Summer Training Courses taught by Dr. Richard Cox, Dr. Peter Bandettini and colleagues

University of Arkansas

Laboratory for Anxiety and Substance Abuse Research
Paid Undergraduate Research Assistant

May 2014 – Dec 2015
Director: Lindsay Ham, Ph.D.

- Research projects focused on the interplay between social anxiety, alcohol use and sexual violence in college populations
- Honor's thesis investigated social and emotional motives on alcohol consumption using laboratory-based alcohol administration
- Conducted field studies investigating the social implications of emotional recognition dysfunction in intoxicated individuals

University of Arkansas

Laboratory for Emotion and Addictive Processes
Undergraduate Research Assistant

May 2014 – Dec 2015
Director: Jennifer Veilleux, Ph.D.

- Research projects focused on emotion regulation and self-control in temptation situations
- Individual project investigated emotional reactivity and depression in people with a history of self-injury and the relationship between emotion regulation and alcohol dependence
- Conducted laboratory-based experiments using food administration, smoking cue exposure, and distress tolerance tasks

SUPERVISED CLINICAL EXPERIENCE

Benton County Drug Court

Graduate Student Clinician

Aug 2020 – Present

Supervisor: Melissa Zielinski, Ph.D.

- Provided group Cognitive Processing Therapy for justice involved clients

Veterans' Healthcare System of the Ozarks

Graduate Student Clinician

Aug 2019 – May 2020

Supervisor: Hilary Casner, Ph.D.

- Served on the PTSD Clinical Team (PCT) and Substance Abuse Clinic (SAC) teams
- Provided individual evidence-based therapies (Cognitive Processing Therapy, Prolonged Exposure) for PTSD
- Co-facilitated treatment groups, including cognitive processing therapy group, motivational interviewing enhancing motivation for evidenced based treatment engagement, and dialectical behavioral therapy skills group in an outpatient setting
- Co-facilitated mindfulness-based relapse prevention for substance abuse in intensive outpatient program (IOP) for addictions

University of Arkansas Psychological Clinic

Graduate Student Clinician

Aug 2018 – Present

Supervisors: Ana J. Bridges, Ph.D., Lindsay Ham, Ph.D., Jennifer Veilleux, Ph.D.,

Lauren Quetsch, Ph.D., Ivan Vargas, Ph.D.

- Provided psychological assessments and individual evidenced based therapies for university students and members of the community.
- Co-facilitated cognitive-behavioral therapy for insomnia group.

Mercy Behavioral Health Clinic

Graduate Student Clinician

May 2018 – Aug 2018

Supervisor: Sarah Downing, Psy.D.

- Provided neuropsychological assessments, reports, and feedback for geriatric clients and clients and student athletes.

University of Arkansas Psychological Clinic

Graduate Clinic Assistant

Aug 2017 – Aug 2018

Supervisor: Matthew Feldner, Ph.D.

- Conducted intake interviews
- Conducted phone screens to assess suicide risk and clinic appropriateness
- Facilitated the transition to electronic medical records system and telehealth services
- Clinic Newsletter author

Boys Town National Research Hospital

Center for Neurobehavioral Research

Research Assistant

Jan 2016 – Aug 2017

Director: James Blair, Ph.D.

- Completed the Boys Town Residential Treatment Center Preservice Training and Safe Crisis Management Training (physical interventions)
- Transported and collected data from patients in Boys Town family homes and residential treatment centers
- Administered and scored the Wechsler Abbreviated Scale of Intelligence-II

Northwest Arkansas Psychological Group

Psychologist's Assistant

Dec 2014 – Dec 2015

Director: Richard Black, Ph.D.

- Scored assessments (e.g., WAIS, WMS-III, SASSI)

TEACHING EXPERIENCE

The American School in Japan

June 2013 – Aug 2013

Senior Counselor/Teaching Assistant

- Supervised two junior counselors
- Assisted teachers during lessons for ESL students (age 4-6 years)

Logos Academy, Costa Rica

Aug 2008 – Jan 2009

Assistant Teacher

- Taught daily English classes and tutoring to ESL students (age 8-13 years)

LEADERSHIP POSITIONS

University of Arkansas Clinical Training Committee

Student Representative

2017-2018

Psi Chi International Honors Society in Psychology

Vice President

2015

University of Arkansas Psychology Club

Vice President

2015

Treasurer

2013-2014

University of Arkansas Holcombe Hall Government

Senator

2012-2013

PROFESSIONAL AFFILIATIONS

World Congress of Behavioral and Cognitive Therapies

2019 – Present

Association for Psychological Science

2015 – Present

Association for Behavioral and Cognitive Therapies

2014 – Present

- Addictive Behaviors Special Interest Group

TRAINING CERTIFICATIONS

Boys Town Residential Treatment Center Preservice Workshop

2016

Boys Town Safe Crisis Management Training (physical interventions)

2016

National Institute of Health Blood borne Pathogen Safety Training

2015

National Institute of Health Laboratory Safety Training

2015

National Institute of Health Security and Privacy Awareness Training

2015

Collaborative IRB Training Initiative (CITI)

2014-2016

Responsible conduct of research, University of Arkansas

2014-2016