

Jessica L. Fugitt

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Match number: 40960

EDUCATION AND TRAINING

Clinical Psychology Doctoral Program (APA Approved) **2011-present**
University of Arkansas- Fayetteville, AR
Major Advisor: Lindsay S. Ham, Ph.D.

M.A. in Clinical Psychology **2013**
Master's Thesis: *Times are a Changin': Gender Roles and Drinking Behavior*
(Defended: February 8, 2013)

Ph.D. in Clinical Psychology **Expected 2016**
Dissertation: *Beer for Brohood: A Laboratory Simulation of Masculine Drinking Motives and Resulting Alcohol Use Behavior*
(Proposed: October 6, 2014)

Bachelor of Sciences in Psychology **2008**
Tulane University- New Orleans, LA
Graduation Date: May 22, 2008

Bachelor of Sciences in Political Science **2008**
Tulane University- New Orleans, LA
Graduation Date: August 18, 2008

ACADEMIC HONORS AND AWARDS

Distinguished Academy Fellow, University of Arkansas, Fayetteville, AR
Samuel B. Guze Symposium on Alcoholism Research Award, Washington University, St. Louis, MO
Founder's Scholarship, Tulane University, New Orleans, LA
College of Science and Engineering Dean's List, Tulane University, New Orleans, LA

RELATED CERTIFICATIONS

National Institute of Health Research with Human Subjects Training Certification
Collaborative Institutional Training Initiative Research Ethics Certification
Sexual Harassment Prevention Training Certification
Applied Suicide Intervention Skills Training Certification
Responsible Conduct of Research Certification

CLINICAL EXPERIENCE

Advanced Clinical Intern **2014 – present**
Veteran’s Health Care System of the Ozarks Supervisor: E. Allen Eason, Ph.D.

Current duties include leading treatment groups and conducting individual evidence based interventions for the treatment of PTSD, substance use, and related disorders alongside administration of the PTSD treatment program, ongoing developmental efforts, and program evaluation.

PTSD Orientation and Treatment Planning Group **2014 – present**
Lead Clinician, Veteran’s Health Care System of the Ozarks Supervisor: E. Allen Eason, Ph.D.

As the current leading clinician for weekly PTSD Orientation Groups, duties include offering psychoeducation about common trauma reactions, PTSD symptomology and maintaining mechanisms, as well as outlining evidence based treatments offered for PTSD at the VA. Finally, the goal of this group is to help each veteran use this information to design an ideographically tailored treatment plan.

Seeking Safety Group Treatment for Comorbid PTSD and Substance Use **2014 – present**
Lead Clinician, Veteran’s Health Care System of the Ozarks Supervisor: E. Allen Eason, Ph.D.

As the current leading clinician for weekly Seeking Safety Groups, duties include facilitating group sessions as outlined in the *Seeking Safety* protocol focused on issues relevant for those with substance use disorders and a history of traumatic experiences in a veteran population.

Substance Use Program Clinician **2013 – present**
Psychological Clinic, University of Arkansas Supervisor: Lindsay S. Ham, Ph.D.

Current duties include assessment of alcohol and drug use for students experiencing problems related to alcohol and drug use and leading 5-week cognitive behavioral therapy treatment groups based on the stages of change model. Development, implementation, and evaluation across five time points of a brief individual intervention for cannabis use while creating the program evaluation protocol.

Graduate Student Clinician **2012 – present**
Psychological Clinic, University of Arkansas Supervisors: Multiple*

Current duties include outpatient psychological assessment and treatment services to University of Arkansas students and members of the community. Gained experience with a variety of treatment modalities including cognitive-behavioral, behavioral, mindfulness-based, emotion-focused, and interpersonal psychotherapies.

*Supervisors: Patricia Petretic, Ph.D., Lindsay Ham, Ph.D., Timothy Cavell, Ph.D., Ana Bridges, Ph.D., Jeffrey Lohr, Ph.D., Suzanne Meunier, Ph.D.

‘Reconnections’ group, Cognitive Processing and Meditative Treatment for PTSD **2014**
Co-Leader, Counseling and Psychological Services Supervisor: Josette Cline, Ph.D.

Served as the co-clinician for a 12-week group treatment for PTSD based on the Cognitive Processing Therapy protocol. Duties included facilitation of group discussion geared toward processing emotions and thoughts related to traumatic experiences in an effort to aid clients in recovery and reconnection.

Behavioral Activation for Depression, Group Treatment **2014**
Co-Leader, Counseling and Psychological Services Supervisor: Hilary Casner, Ph.D.

Served as a co-clinician for a 10-week behavioral group treatment for depression focused on providing psychoeducation and training to clients to help them increase behavioral activation and goal-directed behavior in an effort to improve mood related symptoms.

Cognitive-Behavioral Group Treatment for Insomnia **2013**
Co-Leader, Psychological Clinic, University of Arkansas Supervisor: Jeffrey Lohr, Ph.D.

Served as the lead clinician for a 6-week group-based cognitive-behavioral treatment for insomnia (CBT-I). Comprehensive behavioral assessments of sleep and common issues that interfere with sleep were conducted with each group member at the beginning of treatment, end of treatment, and one month post-treatment. Treatment followed an evidence-based cognitive behavioral approach to treating insomnia.

Graduate Student Clinician **2013 – 2014**
Counseling and Psychological Services, University of Arkansas Supervisor: Josette Cline, Ph.D.

Duties included outpatient psychological assessment and treatment services provided to University of Arkansas students through the campus counseling center. Gained experience with a variety of treatment modalities and exposure to a variety of theoretical orientations including cognitive-behavioral, behavioral, family systems, mindfulness-based, psychodynamic, and gestalt therapy. The Counseling and Psychological Services consists of a multidisciplinary team (e.g., psychologists, social workers, counselors, psychiatrists, and nurses) with access to additional health professionals located in the building.

National Alcohol Screening Day Coordinator **2013, 2014**
Psychological Clinic, University of Arkansas Supervisor: Lindsay S. Ham, Ph.D.

Duties included promoting and organizing this screening event sponsored by Screening for Mental Health specifically targeting substance use in student and veteran populations. Completed screenings and brief follow-up sessions focused on delivering Psychoeducation and employing motivational interviewing techniques.

Clinical Observation **2013**
Northwest Arkansas Community Correction Center for Women

Attended and observed sessions of a 12-week substance use and dependence group treatment protocol, *Celebrate Recovery*, based on a 12-step model of recovery that incorporates religious tenets and principles. The group served an average of 6 residents of a women's correctional facility each week.

Observational Clinical Practicum **2011 – 2012**
Psychological Clinic, University of Arkansas

Attended Group Clinical Practicum meetings involving case conceptualization and treatments by student clinicians. Followed individual cases of student clinicians.

Arkansas Crisis Center Director of Supervision

2010 – 2011

Supervisor: Shelby Rowe

As the shift supervisor at the Arkansas Crisis Center, duties included recruiting, organizing, and monitoring the work of the volunteers to ensure the use of techniques that follow the intervention model endorsed by national suicide hotline. Approximately 30 hours each week in charge of the crisis line, handling crisis calls of all types.

PUBLICATIONS

Fugitt, J. L., Ham, L. S., Bridges, A. J. (2014). *Undifferentiated gender role orientation, drinking motives, and increased alcohol use in men and women*. Manuscript under review.

Melkonian, A. M., Ham, L. S., Bridges, A. J., & **Fugitt, J. L.** (2014). College Student Sexual Victimization, Emotional Cue Processing, and Sexual Assault Risk Detection. Manuscript in preparation.

Fugitt, J. L., Ham, L. S. (2015). Gender Role Conflict and Alcohol Use: A review of the literature. To be submitted to *Current Drug Abuse Reviews*. Manuscript in preparation.

RESEARCH PRESENTATIONS

Fugitt, J. L., Lovett, D. E., Ham, L. S., & Zamboanga, B. (2014). *The ‘What’ is in the ‘Why’: Drink type, drinking Motives, and alcohol use*. To be presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Howell, A., Buckner, J. D., Weeks, J., Ham, L., Melkonian, A., Lovett, D., Milner, L. A., **Fugitt, J. L.,** Feldner, M. T., Stewart, S. H., Battista, S. R., Mackinnon, S. P., Sherry, S. B., Barrett, S. P., Jeffries, E. R., Zvolensky, M. J., Langdon, K. J., & Schmidt, N. B. (2014). *Social Anxiety and Substance Use Comorbidity: New and Extended Findings*. Symposium to be presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Reynolds, K., Mobley, A., Warner, E., **Fugitt, J. L.,** Melkonian, A. J., & Ham, L. S. (2014). *Exploring Shame and Guilt in the Context of Alcohol Abuse*. Poster presented at the annual meeting of the Arkansas Psychological Association, Little Rock, AR.

Fugitt, J. L., Melkonian, A. L., Ham, L. S., & Bridges, A. J. (2013). *Merging, converging, and changing lanes: The importance of gender role orientation in alcohol use behaviors*. Poster presented at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Smith, B. D., Killingsworth, N. R., Jewell, C. M., Hughes, C. J., & **Fugitt, J. L.** (2013). *Risky drinking in a College Sample: A report from National Alcohol Screening Day*. Poster presented at the 29th annual Arkansas Symposium for Psychology Students, Conway, AR.

Takamatsu, S. K., Zamboanga, B. L., **Fugitt, J. L.,** Ham, L. S., & Schwartz, S. J. (2013). *Unidimensional vs. bidimensional models of acculturation and substance use among Hispanic*

college students. Poster presented at the annual meeting of the American Psychological Association, Honolulu, HI.

Shaver, J. A., **Fugitt, J. L.**, Zielinski, M. J., Veilleux, J. C., Park, I. J. K., Brown, E. J., & Ham, L. S. (2012). *Emotion Regulation Strategies as Moderators of the Relation Between PTSD Symptoms and Alcohol Use in a Large Multi-Site Sample of Trauma-Exposed and Potentially Alcohol Dependent College Students*. Poster presented at the 28th annual meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA.

Fugitt, J. L., Milner, L. A., Stern, N. K., Ham, L. S., & Eidelman, S. (2012). *Drink like a man? : Gender roles and drinking behavior*. Poster presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Milner, L. A., **Fugitt, J. L.**, Chappell, C. L., Gilbertson, E. N., Ham, L. S., & Zamboanga, B. L. (2011). *Risky behaviors and impulsivity among adolescent prescription drug abusers*. Poster presented at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, ON, Canada.

Shaver, J. A., **Fugitt, J. L.**, Ham, L. S., Brown, E. J., & Schwartz, S. J. (2011). *Hyper-Arousal, Expressive Suppression, and Alcohol Use*. Poster presented at the 11th annual Samuel B. Guze Symposium on Alcoholism, St. Louis, MO.

Fugitt, J. L., Garcia, T. A., Casner, H. G., & Ham, L. S. (2010, November). *Alcohol Outcome Expectancies and Urge to Drink Across Social Contexts*. Poster presented at the 45th annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

RESEARCH EXPERIENCE

Graduate Research Assistant, Lab Coordinator
Laboratory for Anxiety and Substance Abuse Research
University of Arkansas

2012-2013; August 2014-present
Supervisor: Lindsay S. Ham, Ph.D.

Currently, and during the 2012-2013 academic year, served as the coordinator of the Laboratory for Anxiety and Substance Abuse Research (LASAR). Duties include mentoring undergraduate researchers, organizing study details, collecting and analyzing data for a variety of research studies, and managing research focused on the effects of alcohol and related variables.

Grant Coordinator: Alcohol and Information Processing
ABMRF/The Foundation for Alcohol Research funded Grant
Laboratory for Anxiety and Substance Abuse Research (LASAR)
Department of Psychological Science, University of Arkansas

2012- 2013
Supervisor: Lindsay S. Ham, Ph.D.

Duties included recruiting, screening, and scheduling participants, completing comprehensive assessments of anxiety and substance use disorders, and serving as the main experimenter running participants through an alcohol administration study, including physiological measures of anxious arousal and detoxification. Additional duties include organizing undergraduate researchers, study supplies, lab space, and financial resources and budgets for this study examining information processing in socially anxious participants when using intoxicated.

Graduate Student Researcher

2011-2012

Laboratory for Anxiety and Substance Abuse Research (LASAR) Supervisor: Lindsay S. Ham, Ph.D.
Department of Psychological Science, University of Arkansas

Duties included recruiting, screening, and scheduling participants and running participants through an alcohol administration study, including physiological measures of anxious arousal and detoxification.

Post Baccalaureate Psychology Research Assistant

2010-2011

Laboratory for Anxiety and Substance Abuse Research (LASAR) Supervisor: Lindsay S. Ham, Ph.D.
Department of Psychological Science, University of Arkansas

Worked as a volunteer researcher in the Laboratory for Anxiety and Substance Abuse Research serving as the experimenter in an alcohol administration study examining the relation of alcohol use and social anxiety, entering and analyzing data, and training other students in assessment administration.

Undergraduate Psychology Research Assistant

2006-2008

Social Perception Lab and Hurricane Katrina Community Study Supervisor: Laurie O'Brien, Ph.D.
Tulane University - Psychology Department

Worked as an undergraduate research assistant on two separate lines of research. The first examining the interaction of gender and authority in decision making processes in students while the second examined the role of perceived discrimination or social rejection following a traumatic experience in mental health outcomes in a community sample after Hurricane Katrina. Duties included running students through an experimental manipulation, administering survey packets to community members, collecting, entering, and analyzing data, completing directed readings and participating in weekly didactic discussions.

GRANT ACTIVITY

Funded Research Grants

Principal Investigator [Fugitt, J. L. (P.I.) & Ham, L. S. (Faculty Mentor)] *Mediating effect of Gender Role Orientation and Drinking Motives on Alcohol Use and Problems in Adults* (May, 2012; Marie Wilson Howells Foundation Research Grant; \$500)

Principal Investigator [Fugitt, J. L. (P.I.) & Ham, L. S. (Faculty Mentor)] *A Laboratory Simulation of Masculine Drinking Motives and Resulting Alcohol Use Behavior in Men* (October, 2014; Marie Wilson Howells Foundation Research Grant; \$1000)

Relevant Research Grant Proposals Submitted

Principal Investigator [Fugitt, J. L. (P.I.) & Ham, L. S. (Faculty Mentor)] *Gender Role Conflict, Social Identity, and Alcohol Use*. (March, 2012; Janet Hyde Graduate Student Research Grant, Division 35; Unfunded)

INVITED ADDRESSES & GUEST LECTURES

- Eason, E. A., & **Fugitt, J. L.** (2014). *Post-Traumatic Stress Disorder: Etiology and Symptoms*. Psychoeducational presentation for health professionals at the annual Tyson Foods Occupational Health Nurse Manager Conference
- Fugitt, J. L.** (2014). *Exposure Therapy for Anxiety Disorders*. Training presentation for all clinicians and interns at Counseling and Psychological Services at the University of Arkansas
- Fugitt, J. L.** (2013). *Disorders of Feeding and Eating*. Guest lecture series regarding eating disorders presented across two weeks in June 2013 to an undergraduate Abnormal Psychology course at the University of Arkansas.
- Fugitt, J. L.** (2012, February). *Classical Conditioning*. Guest lecture presented for an undergraduate General Psychology course at the University of Arkansas
- Fugitt, J. L.** (2011, November). *How To: Crafting a Method Section*. Guest lecture presented for an undergraduate Research Methods course at the University of Arkansas
- Fugitt, J. L.** (2011, April). *Adolescent Suicide: Risk Factors and Warning Signs*. Invited address presented to all students at Jones Middle School; Springdale, AR.

PROFESSIONAL AFFILIATIONS

American Psychological Association, Student Affiliate
American Psychological Association Graduate Student Representative
Association of Behavioral and Cognitive Therapists, Student Member
Research Society on Alcoholism, Student member
Co-Chair of the Graduate Student Diversity Committee

RESEARCH AND CLINICAL INTERESTS

Alcohol/Drug Use
Traumatic Stress
Program Evaluation
Anxiety Disorders

GRADUATE COURSES COMPLETED

- Substance Abuse Graduate Seminar
- Diversity Issues in Psychology
- Behavioral Therapy
- Psychotherapy
- Psychopathology
- Assessment of Intelligence and Cognitive Abilities
- Personality Assessment and Clinical Diagnosis
- Advanced Assessment Practicum
- Advanced Social Psychology
- Supervision and Consultation, intensive practicum
- Advanced Inferential Statistics
- Advanced Descriptive Statistics
- Multivariate Statistics Graduate Seminar
- Introduction to Clinical Science
- Introduction to Clinical Practice
- Theories of Learning
- Personality: Theory and Disorder
- Graduate History & Systems
- Behavioral Neuroscience
- Advanced Developmental Psychology

REFERENCES

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